

	Autumn A		Spring A		Summer A	
In PSHE, we will always address themes that occur during the term to suit the needs of the children.						
<b>EYFS</b>	<p>Introduction to Personal, Social, Health and Economic Education.</p> <p>What is it?</p> <p>What do we learn about?</p> <p>Topic: All About Me</p>	<p><b>Brilliant Bodies</b></p> <p>We learn about body parts; what makes us unique and we learn to value our bodies.</p> <p><b>Feelings</b></p> <p>What are feelings? What can we do to help?</p>	<p><b>Bodies are Smart</b></p> <p>We will become aware of our body needs and how to take responsibility for our bodies.</p> <p><b>Emotions</b></p> <p>We will learn to recognise others feelings and how we can help them to feel better.</p>	<p><b>Only One You</b></p> <p>We will continue to learn about our body needs and explore hygiene and brushing teeth.</p> <p><b>Friendships</b></p> <p>How to treat your friends.</p> <p>How to care for your friends.</p> <p>How to be a good friend.</p>	<p><b>Taking responsibility for managing our emotions</b></p> <p>We will learn strategies that can help us feel better.</p> <p>We will continue to learn about the Zones of Regulation.</p>	<p><b>Changes in our Lives</b></p> <p>Transition to Year 1</p> <p>How do we feel?</p> <p>Meet the teacher.</p> <p>See the classrooms.</p> <p>And More.</p>
	Addressing themes that occur during the term.	Addressing themes that occur during the term.	Addressing themes that occur during the term.	Addressing themes that occur during the term.	Addressing themes that occur during the term.	Addressing themes that occur during the term.
<b>Year 1 and 2</b>	<p><b>Who is special to us?</b></p> <p>Within this topic, pupils will be exploring families and those who care for them. Pupils will also be able to identify and talk about their special people.</p>	<p><b>What is the same and different about us?</b></p> <p>Within this topic, pupils will develop respectful relationships with their peers, exploring what is different and the same as each other.</p>	<p><b>What helps us stay healthy?</b></p> <p>Within this topic, pupils will develop their understanding of how they can support their own physical health through fitness and healthy eating.</p>	<p><b>How can we stay safe online?</b></p> <p>Within this topic, pupils will explore the dangers of the internet, discovering ways they can remain safe online.</p>	<p><b>Who helps keep us safe?</b></p> <p>Within this topic, pupils will identify who safe adults are in the community. Students will also learn essential safety knowledge to help keep themselves and others safe.</p>	<p><b>How can we look after each other and the world?</b></p> <p>Within this topic, pupils will explore respectful relationships and mental wellbeing, and the impact that both have on themselves and others.</p>
<b>Year 3 and 4</b>	<p><b>What strengths, skills and interests do we have?</b></p> <p>During this topic, children will explore and nurture their unique strengths, skills and interests to help them grow and succeed.</p>	<p><b>How do we treat each other with respect?</b></p> <p>During this topic, children will learn to treat each other with kindness and respect, fostering a positive and inclusive environment in school and beyond.</p>	<p><b>How can we manage our feelings?</b></p> <p>During this topic, children will learn to develop healthy ways to manage their feelings and emotions.</p>	<p><b>What makes a community?</b></p> <p>During this topic, children will explore the elements that make up a community and teach the importance of cooperation, responsibility and belonging within it.</p>	<p><b>How can our choices make a difference to others and the environment?</b></p> <p>During this topic, children will understand how their choices can have a positive impact on both others and the environment, encouraging responsible decision-making.</p>	<p><b>How can we manage risk in different places?</b></p> <p>During this topic, children will be equipped with the skills to assess and manage risks in various settings, promoting safety and responsible decision-making</p>
<b>Year 5 and 6</b>	<p><b>What makes us a person's identity?</b></p> <p>Pupils will explore personal identity (including stereotypes) and discuss a sense of belonging.</p>	<p><b>What decisions can people make with money?</b></p> <p>During this topic pupils will make decisions about spending money and keeping track of profit and loss.</p>	<p><b>How can we help in an accident or emergency?</b></p> <p>Pupils will learn basic first aid including: bites, stings, bleeding, choking and head injuries.</p>	<p><b>How can friends communicate safely?</b></p> <p>Pupils will learn about personal boundaries and how to seek support.</p>	<p><b>How can drugs common to everyday effect health?</b></p> <p>Pupils will challenge the influence of social media and how to manage risk.</p>	<p><b>What jobs would we like?</b></p> <p>In this topic pupils will consider jobs for the future and the requirements to achieve a range of jobs within the community.</p>

