

# Knowledge Organiser

## Dance Year 2

### About this Unit

This unit is inspired by lots of different themes. Here are some that you may explore...

#### Structuring the Dance

- **Getting nectar** (balance): 8 counts
- **Waggle dance** (movement in the hoop): 8 counts
- **Busy bees** (travel): 8 counts
- **Landing time** (around the hoop): 8 counts

### Secret Garden

Welcome to the circus!

### The Rainforest

- Some trees in Tasmania's rainforests can live for 2,000 years
- A quarter of ingredients in modern medicines come from rainforest plants.
- The Amazon rainforest in South America is so big that if it were a country, it would be the 9th biggest in the world.
- The forest floor is almost totally in darkness; only 2% of the sunlight reaches through the canopy.
- The canopy area of the rainforest can reach 40m high and some trees grow above the canopy to 80m!

### JACK FROST

- Start position, 8 counts
- Leaping actions 16 counts
- Set phrase on the spot 8 counts
- Own movement with the scarf 8 counts
- Finishing position 8 counts

### Movement Skills

- actions
- dynamics
- space
- relationships

This unit will also help you to develop other important skills.

- Social** respect, collaboration, work safely, communication
- Emotional** independence, confidence, perseverance, determination
- Thinking** provide feedback, comprehension, reflection, observation, creativity

### Strategies

Keep practicing your dance. It will get better everytime.

### Healthy Participation

- You should be bare foot for dance.
- Ensure you always work in your own safe space when working on your own.

### Key Vocabulary

action	expression	A Z
counts	level	
create	matching	perform
direction	mirroring	speed
dynamics	pathway	timing
		unison

If you enjoy this unit why not see if there is a dance club in your local area.

- ✓ This unit will help you to:
- balance
  - move different body parts at the same time
  - be more flexible

### Home Learning

Find more games that develop these skills in the Home Learning Active Families tab on [www.getset4education.co.uk](http://www.getset4education.co.uk)

### Newspaper Dance

**What you need:** 1 or more players, a sheet of newspaper per player, a music track, someone to press stop.

- How to play:**
- Each player begins standing on a large piece of newspaper.
  - When the music plays move off the newspaper and dance around the space.
  - When the music stops stand on the newspaper. Players are not allowed to touch the floor.
  - When successful reduce the size of the newspaper by folding it.
  - Keep playing until you cannot stand without going out of the boundary.



[www.getset4education.co.uk](http://www.getset4education.co.uk)

Head to our youtube channel to watch the skills videos for this unit. @getset4education136