



**St White's Primary School**  
*Always Learning!*



September 2024

**Re: Forest Schools & Allotment**

Dear Parents and Carers,

I am delighted to be able to tell you that the school is able to, once again, run allotment, outdoor learning and forest school sessions this academic year.

This year, the allotment sessions will be run by Mrs Self. We will continue to send weekly reminders to classes about their allotment sessions and they will be on the weekly update on Fridays, but please do put the timetable below on your fridge too!

Not only do we learn in the classroom at St White's but each class will also get a block of either Outdoor Learning or Forest Schools to carry on learning outside. These sessions will follow similar activities and will need the same equipment. Children enjoy the freedom to explore and experience the natural world in all seasons and all weathers (except thunder and lightning or very high winds). They will be working towards completing the National Outdoor Learning Award (NOLA) by the time they reach year 6. The Outdoor Learning sessions will be run by Mrs Fernandes and the Forest Schools sessions will be run by Mr Brown.

Set out on the last page is the timetable to show when Outdoor Learning, Forest Schools and allotment are due to take place over the year.

The safety and welfare of the pupils participating in Outdoor Learning, Forest School and allotment sessions is paramount, and therefore all tasks are age-appropriate and risk assessments have been carried out for all activities. The clothing that the children wear is also extremely important. Outdoor Learning and Forest Schools will take place in all weathers, other than high winds and/or thunder and lightning. A safety sweep is done before every session so that we can ensure that the site is safe even if it is wet. To ensure that all children are able to access the sessions fully, please ensure that your child(ren) have the required clothes in school for every session (see below). The school will provide waterproof coats and trousers for all children to wear when it is necessary. If the correct clothes are not in school your child(ren) will spend the afternoon in the school building completing work left by their class teacher. If you have any issues with getting the clothing your child requires, please do not hesitate to come into school to see us about it.

Sneyd Wood Road, Cinderford,  
Gloucestershire, GL14 3GD  
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[admin@st-whites.gloucs.sch.uk](mailto:admin@st-whites.gloucs.sch.uk)  
<http://www.st-whites.gloucs.sch.uk>



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### Essential Equipment: Clothing (for adults and children)

Please ensure that your child has the following items of clothing for the particular times of the year for their Forest School sessions. As previously mentioned, children will not be able to take part in the sessions if they do not have the appropriate clothing to protect them from the weather and from cuts, scrapes and stings. Adults and children must wear long sleeves tops and trousers at all times. Layering clothing is the best way to keep warm and adjust to suit their temperature. We do provide children with waterproof clothing to put over their clothes but please do be aware that your child may still come home with mud on their clothes.

As with all uniform, please make sure that **EVERYTHING IS LABELLED!**

Cold Weather	Hot Weather
Woolly Hat	Sun Hat
Scarf	Sun cream
Gloves	Gloves
Coat/Jacket	Coat/Jacket
Fleece/warm jumper	Sweatshirt/long sleeve top
Long trousers	Long trousers
Thick socks	Thin socks
Walking boots/Wellingtons	Walking boots/Wellingtons
A bag with spare clothes in.	A bag with spare clothes in.
A spare carrier bag for wet/muddy clothes and shoes.	A spare carrier bag for wet/muddy clothes and shoes.

Finally, in order for your child to take part in Forest Schools, the school must have an up to date completed medical form for them. If there have been any changes to your child's medical needs this year, please do contact the school office so that medical forms can be updated. Before each class has their Outdoor Learning or Forest Schools sessions, a consent and medical update form will be sent out to all parents. These must be completed and returned before the start of each group of sessions.

Please do not hesitate to contact me, or the office if you have any questions.

Yours Sincerely,

Mrs C Tilling  
Headteacher

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### Outdoor Learning Sessions with Mrs Fernandes & class teacher

Term	Day	Class	Dates of sessions
Autumn 1	Thursday	Kingfisher	19/9/24 – 24/10/24
Autumn 2	Wednesday	Jay	6/11/24 – 11/12/24
Spring 2	Thursday	Sparrow	27/2/25 - 3/4/25
Summer 1	Thursday	Nightingale	10/4/25 – 22/5/25
Summer 2	Wednesday	Skylark	4/7/25 – 9/7/25

### Forest Schools Sessions with Mr Brown

Term	Day	Class	Dates of sessions
All	Monday	Robin	Starting 16 <sup>th</sup> September
Autumn 2	Thursday	Swift	7/11/24 – 12/12/24
Spring 2	Tuesday	Heron	25/2/25 – 25/3/25
Spring 2/Summer 1	Tuesday	Woodpecker	1/4/25 – 20/5/25
Summer 2	Tuesday	Peregrine	3/6/25 – 8/7/25

### Allotment Sessions – THURSDAY afternoons.

Please ensure that your child has a pair of wellies, old trousers and a waterproof coat in school on the day of their allotment session.

Autumn		Spring		Summer	
Thursday	Class	Thursday	Class	Thursday	Class
12 <sup>th</sup> September	Swift	Allotment to be rested.			
19 <sup>th</sup> September	Jay				
26 <sup>th</sup> September	Woodpecker				
3 <sup>rd</sup> October	Skylark			1 <sup>st</sup> May	Sparrow
10 <sup>th</sup> October	Heron			8 <sup>th</sup> May	Woodpecker
17 <sup>th</sup> October	Robin			15 <sup>th</sup> May	Nightingale
24 <sup>th</sup> October	Sparrow	22 <sup>nd</sup> May	Swift		
Half term		Half term		Half term	
7 <sup>th</sup> November	Peregrine	27 <sup>th</sup> February	Nightingale	5 <sup>th</sup> June	Woodpecker
14 <sup>th</sup> November	Nightingale	6 <sup>th</sup> March	Swift	12 <sup>th</sup> June	Jay
21 <sup>st</sup> November	Skylark	13 <sup>th</sup> March	Robin	19 <sup>th</sup> June	Kingfisher
28 <sup>th</sup> November	Kingfisher	20 <sup>th</sup> March	Skylark	26 <sup>th</sup> June	Robin
5 <sup>th</sup> December	Peregrine	27 <sup>th</sup> March	Jay	3 <sup>rd</sup> July	Heron
12 <sup>th</sup> December	Heron	3 <sup>rd</sup> April	Kingfisher	10 <sup>th</sup> July	Y6
		10 <sup>th</sup> April	Peregrine	17 <sup>th</sup> July	Sparrow
<b>EASTER</b>					

