

Early Years – No eat salt dough



L Prep: 30 minutes

L Cook: 0 minutes



Serves: 0

Recipe info

Ingredients

- 200g plain flour
- 150g salt
- 1 ½ tsp vegetable oil
- 1 or 2 tbsp cold water

Equipment

- Weighing scales
- Measuring spoons
- Sieve
- Measuring jug
- Mixing bowl
- Mixing spoon

Teaching point

Teachers should take care that children do not eat the dough.

Method / What to do

1. Sieve the flour in to the mixing bowl then add the salt and oil and stir well
2. Add the water a little a time until the mixture turns into firm dough
3. Knead the dough on a lightly floured surface
4. Handle and shape the dough into different sizes and shapes

