

St White's Primary School – PSHE

What makes a good friend?

Autumn 1



What should I already know?	PSHE	Technical vocabulary	
 I know what a friend is and I name my friends. I know I need to be kind to be a 	In PSHE we learn about our bodies, our mind, our feelings as well as other people, the community and the wider world.	Respectful relationships	Respectful relationships are when people are kind to each other, share, and listen to each other.
good friend. Making friends		Sharing	Sharing means making sure everyone gets a turn or a fair amount, so everyone feels included.
You can make friends by speaking to new people and playing with them. A friend is someone who cares about you and makes you feel happy and safe.		Trusted adult	A trusted adult is someone who you know and who is safe, like a teacher or parent. They can help you when you need support
		Resolution	Resolution is finding a respectful way to solve a problem or disagreement between people.
		Inclusion	Inclusion means making sure everyone feels welcome and involved.
	Similarities and differences		Who can bein?

What is a good friend

KS1

Someone who:

- is kind -
- shares
- cares for you
- is helpful -
- listens to you

- We might like different things or look different from our friends, but we also share things in common, and that makes each of us special.



Who can help?

If a friendship makes you feel sad or upset, it's important to talk to a trusted adult who can help you work things out.