

# St White's Primary School – PSHE

Who is special to us?

#### Autumn 1



#### What should I already know?

KS1

- The rules for St Whites are to be ready, respectful and safe.
- We need to work as a team and be kind to each other, including our friends.
- We understand that we all have friends and family.

## What makes us special?

Everyone is special and there are lots of different factors that make us unique such as:

- Families
- Communities
- Friends
- Likes and dislikes

## **Families**

- We will learn what some families might look like.
- We will identify common features of a family.
- We understand that there are different types of families.

#### PSHE

In PSHE we learn about our bodies, our mind, our feelings as well as other people, the community and the wider world.

## **Our community**

We will learn about our community in class and school. We will learn more about our different wider communities and what they may look like.



## Special people

- Everyone has different special people
- Special people are people who you
- care about and are important to you
- We will learn why special people are important to have in our lives.

Technical vocabulary	
Special person	A person who you care about and is special to you.
Family	A group of people or person who loves and cares for you.
Friendship	People you enjoy and choose to spend time with.
Care	How you should treat and look after other people.
Community	A community is a group of people who have something in common, like going to the same school.
Unique	How everyone is different and special to each other.

## **Trusted adults**

We will learn that trusted adults are people we can turn to turn to in times of worry, stress or crisis.

We will identify who may be trusted adults and explain when we may need to talk to a trusted adult.

## **Different families**

We will be learning that families may look different for each person.

We will also be learning that it is important to celebrate and respect these differences.