



What should I already know?

- Judaism is a religion
- There are different religions
- Religions have different festivals

What is Judaism?

Judaism is a religion that Jewish people follow. They have their own beliefs and special festivals, just like Christians and Muslims.



Understanding Shabbat

- Shabbat is a special day each week when Jewish people rest, pray, and spend time with their families to remember that God rested after creating the world in six days, and they celebrate it by lighting candles, eating special bread, and saying prayers to honour God.

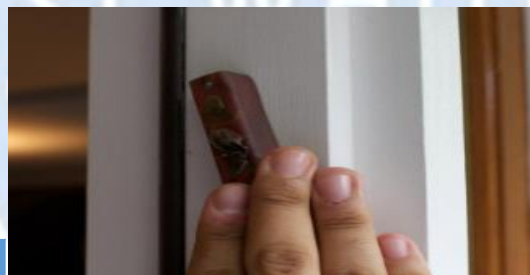


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Discovering together, exploring beliefs and sharing stories

Understanding the Shema

A mezuzah is a small, special case put on the doorposts of Jewish homes. Inside it, there's a scroll with the Shema, a special prayer that reminds Jewish people to believe in one God.



Technical vocabulary

Jewish	A Jewish person is someone who believes in God and follows the religion Judaism.
Judaism	Judaism teaches that there is one God.
Shema	The Shema means there is only one God 'Hear O Israel, the Lord is our God, the Lord is one.'
Torah	The Torah is a holy book that has important stories and rules that Jewish people follow.
Shabbat	Shabbat is a day of rest and celebration for Jewish people that starts on Friday evening and ends on Saturday evening.
Havdalah	Havdalah is a special ceremony that ends Shabbat, where Jewish families light a candle and say blessings.
Mezuzah	A Mezuzah is a small case that Jewish people put on their doorpost with a prayer inside, to remind them of God.

What is the Torah

- The Torah is a scroll written in Hebrew that Jewish people use to help them learn about their religion.
- It is treated very carefully as it is so important. A yad is used to help read it.

