

St White's Primary School – PSHE





KS₁ What makes a good friend?

What should I already know?

- I know what a friend is and I name my friends.
- I know I need to be kind to be a good friend.

Making friends

- You can make friends by speaking to new people and playing with them.
- A friend is someone who cares about you and makes you feel happy and safe.

PSHE

In PSHE we learn about our bodies, our mind, our feelings as well as other people, the community and the wider world.



Technical vocabulary

Autumn 1

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Respectful relationships	Respectful relationships are when people are kind to each other, share, and listen to each other.
Sharing	Sharing means making sure everyone gets a turn or a fair

amount, so everyone feels included.

Trusted adult A trusted adult is someone who you know and who is safe, like a teacher or parent. They can help you when you need support

Resolution Resolution is finding a respectful way to solve a problem or disagreement between people.

Inclusion Inclusion means making sure everyone feels welcome and involved.

What is a good friend

Someone who:

- is kind
- shares
- cares for you
- is helpful
- listens to you

Similarities and differences

We might like different things or look different from our friends, but we also share things in common, and that makes each of us special.





If a friendship makes you feel sad or upset, it's important to talk to a trusted adult who can help you work things out.