



## St White's Primary School Geography Overview Year B



	<b>Autumn B</b>		<b>Spring B</b>		<b>Summer B</b>	
<b>EYFS</b>	<b>Introduction to PE:</b> Pupils will be introduced to structured movement.  <b>Dance:</b> Pupils will explore space safely.	<b>Introduction to PE Unit 2:</b> Pupils will develop structured movement including finding space, stopping safely, using and sharing equipment.  <b>Dance 2:</b> Pupils will develop actions to a stimulus exploring dance in the world around them.	<b>Fundamentals Unit 1:</b> Pupils will develop their basic fundamental movement skills.  <b>Gymnastics:</b> Pupils explore basic movements through creating shapes, balances and jumps.	<b>Fundamentals Unit 2:</b> Pupils will develop fine and gross motor skills through handling equipment.  <b>Gymnastics Unit 2:</b> Pupils will begin to preform basic skills on the floor and on apparatus.	<b>Games Unit 1:</b> Pupils will develop fundamental skills through games.  <b>Ball Skills Unit 1:</b> Pupils will develop their fundamental ball skills through a variety of equipment.	<b>Games Unit 2:</b> Pupils will develop fundamental skills through games working on teamwork and rules.  <b>Ball Skills Unit 2:</b> Pupils will continue to develop fundamental ball skills whilst developing decision making and using simple tactics.
<b>KS1 Year 1 and 2</b>	<b>Fundamentals 1:</b> Pupils will develop fundamentals movements whilst working collaboratively with others.  <b>Yoga 1:</b> Pupils will explore mindfulness and body awareness.	<b>Ball Skills 1:</b> Pupils will develop fundamental ball skills.  <b>Gymnastics 1:</b> Pupils will use space safely using gymnastic movements.	<b>Sending and receiving 1:</b> Pupils will use a variety of balls to send and receive and understand the importance of rules in sport.  <b>Dance 1:</b> Pupils will understand the importance of counting to music whilst repeating actions.	<b>Fitness 1:</b> Pupils will explore a variety of fitness components.  <b>Net and Wall 1:</b> Pupils will learn the importance of the ready position, understand basic rules for net and wall sports and be encouraged to demonstrate good sportsmanship.	<b>Invasion 1:</b> Pupils will develop the basic skills for invasion games whilst showing respect towards their teammates.  <b>Striking and Fielding 1:</b> Pupils will begin to understand the basics of rounders and cricket.	<b>Athletics 1:</b> Pupils will begin to preform athletic skills.  <b>Team Building 1:</b> Pupils will develop their problem-solving skills individually, in pairs and small groups.
<b>LKS2 Year 3 and 4</b>	<b>Dance:</b> Pupils to create dances through historical and scientific stimuli.  <b>Swimming:</b> Pupils will develop basic swimming strokes increasing in confidence.	<b>Gymnastics:</b> Pupils develop extension and body tension whilst using skills both individually and in combination.  <b>Dodgeball:</b> Pupils will develop their performance and begin to apply simple tactics.	<b>Handball:</b> Pupils will learn how to play a game and keep possession of the ball in small sided games.  <b>Fitness:</b> Pupils will begin to monitor and record data and understand different components of fitness whilst improving their fitness levels.	<b>Tennis:</b> Pupils will develop basic skills for tennis and begin to understand how tennis is played.  <b>Yoga:</b> Pupils will develop key principles of Yoga whilst creating yoga flows.	<b>Athletics:</b> Pupils explore a variety of different techniques and learn how to persevere to achieve their best.  <b>Tag Rugby:</b> Pupils learn how to maintain possession and develop social skills to self-manage games.	<b>Cricket:</b> Pupils explore fielding and how to outwit an opponent.  <b>OAA:</b> Pupils will solve, reflect and improve strategies on problem solving.



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<b><u>UKS2</u></b> <b><u>Year 5</u></b> <b><u>and 6</u></b>	<b>Tennis:</b> Pupils will improve key skills and learn how to apply tactics to a game situation to outwit their opponent.	<b>Hockey:</b> Pupils will play even sided games showing control and fluency whilst improving their defending and attacking.	<b>Dance:</b> Pupils develop different styles of dance whilst looking at the historical culture and origins of dance.	<b>Swimming:</b> Pupils will develop fluency with an increased confidence and learn the basics of survival.	<b>Athletics:</b> Pupils will learn new sports for field events and develop their personal best by identifying areas for improvement.	<b>Rounders:</b> Pupils develop quality and consistency in their fielding and striking whilst applying tactics to outwit their opponents.
	<b>Gymnastics:</b> Pupils will explore working in relationship to a partner whilst developing performance, quality and control.	<b>Yoga:</b> Pupils will develop meditation whilst working collaboratively to create their own yoga flows.	<b>Dodgeball:</b> Pupils will learn to outwit their opponents whilst being honest whilst officiating.	<b>Tennis:</b> Pupils increase their competence of tennis skills and given opportunities to self-regulate games and show honesty.	<b>Football:</b> Pupils will develop their competence whilst applying tactics and showing the importance of fair play.	<b>Volleyball:</b> Pupils will develop the skills to be able to hold a continuous rally and match.