



What should I already know?

- I know I shouldn't share my personal information online, like my name, address or school name, because it could be dangerous.
- If I see something online that makes me uncomfortable or upset, I should tell an adult I trust straight away.
- I shouldn't give out my passwords to anyone, except my parents or a trusted adult, to keep my accounts safe.
- I know to be respectful and kind online, just like I am in real life.

I am aware of personal, social and health needs whilst understanding how to be a good citizen in modern Britain.

Technical vocabulary

Internet safety

The measures taken to ensure safe and responsible use of the internet.

Personal Information

Sensitive details about an individual, such as full name, address, phone number, email, or passwords.

Cyberbullying

Using electronic communication to cause someone repeated harm.

Social Media

Online platforms and websites that allow users to create and share content and connect with others.

Benefits and risks of the internet

We will learn about the benefits and risks of the internet. We'll talk about how the internet helps us find information quickly, stay connected and have fun. However, we'll also discuss the risks, like sharing too much personal information, talking to people we don't know, or seeing things that might make us uncomfortable.

Cyberbullying

We will learn about cyberbullying - what it is and how it affects people. We'll talk about how unkind or mean messages, comments or actions online can hurt others, just like bullying in real life. We'll also learn how to recognise cyberbullying, what to do if it happens to us or someone we know, and how to report it to a trusted adult.

Private & appropriate information

In this lesson, we will learn about what's appropriate to share online and what should be kept private. We'll talk about how it's okay to share things like our hobbies or favourite games, but we should never share personal information like our full name, address, phone number or passwords. We'll also learn that photos and videos should be shared carefully, especially with people we know and trust.

Social media

We will learn about using social media safely and responsibly. We'll talk about how social media lets us share pictures, videos and messages with friends, but also why it's important to follow the rules, like age limits. We'll learn why we shouldn't talk to strangers or share personal information on social media. We'll discuss the importance of being kind and respectful when we post or comment.

Key questions

What is personal information?
What should I do if I see something which makes me feel uncomfortable?
How do I tackle cyberbullying?
How do I see if a website is unsafe or untrustworthy?